

Recipe FIR Intolerance Report

The Fox & Hounds

186 Harborough Road

Northampton NN2 8DJ

Tel: 01604 714 209

Email: foxandhounds@mcmanuspub.co.uk



Dish Name	Cereals containing Gluten	Wheat	Spelt (Wheat)	Kamut (Wheat)	Rye	Barley	Oats	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Tree Nuts	Almonds	Hazelnut	Walnut	Cashew nut	Pecan nut	Brazil nut	Pistachio nut	Macadamia nut	Celery	Mustard	Seame	Sulphur dioxide/sulphites	Lupin	Molluscs
Sunday Nut Roast V	noy	noy	ee	ee	ee	ee	ee	n-	noy	n-	noy	noy	noy	noy	noy	ee	noy	ee	ee	ee	ee	ee	ee	noy	n-	noy	n-	n-
Sunday Side Extra Yorkshire Pudding	noy	ee	ee	ee	ee	ee	ee	n-	noy	n-	noy	n-	noy	ee	ee	ee	ee	ee	ee	ee	ee	ee	ee	n-	n-	n-	n-	n-
Sunday Sides Pigs in Blankets	n-	n-	n-	n-	n-	n-	n-	n-	n-	n-	n-	noy	n-	n-	n-	n-	n-	n-	n-	n-	n-	n-	n-	n-	n-	n-	n-	n-
Trio of Roasts (Chicken, Topside, Belly)	noy	ee	ee	ee	ee	ee	ee	n-	noy	n-	n-	noy	noy	ee	ee	ee	ee	ee	ee	ee	ee	ee	ee	noy	noy	n-	noy	n-
Caprese Salad	ee	ee	ee	ee	ee	ee	ee	n-	n-	n-	n-	n-	noy	ee	ee	ee	ee	ee	ee	ee	ee	ee	ee	n-	n-	n-	n-	n-
Chicken & Broccoli Penne	ee	ee	ee	ee	ee	ee	ee	ee	noy	ee	ee	ee	noy	ee	ee	ee	ee	ee	ee	ee	ee	ee	ee	ee	ee	ee	noy	ee
Coconut & Chocolate Cake	ee	ee	ee	ee	ee	ee	ee	ee	ee	ee	ee	noy	ee	ee	ee	ee	ee	ee	ee	ee	ee	ee	ee	ee	ee	ee	ee	ee
Combo Board	noy	noy	ee	ee	ee	ee	ee	ee	noy	noy	ee	noy	noy	ee	ee	ee	ee	ee	ee	ee	ee	ee	ee	ee	noy	noy	noy	ee
Jacket Three Bean Chilli & Sour Cream	noy	noy	ee	ee	ee	ee	ee	n-	n-	n-	n-	n-	noy	ee	ee	ee	ee	ee	ee	ee	ee	ee	ee	n-	noy	n-	n-	n-
Main Pulled Chilli Beef Con Carne	noy	ee	ee	ee	ee	ee	ee	n-	n-	n-	n-	n-	noy	ee	ee	ee	ee	ee	ee	ee	ee	ee	ee	n-	n-	n-	n-	n-
Main Sizzling Fajita Rump Steak	noy	noy	ee	ee	ee	ee	ee	n-	n-	noy	n-	noy	noy	ee	ee	ee	ee	ee	ee	ee	ee	ee	ee	n-	noy	n-	n-	n-
Side Two Fried Egg	ee	ee	ee	ee	ee	ee	ee	n-	noy	n-	n-	n-	n-	ee	ee	ee	ee	ee	ee	ee	ee	ee	ee	n-	n-	n-	n-	n-
Starter Hot & Spicy Chicken Wings 12	noy	noy	ee	ee	ee	ee	ee	n-	n-	noy	n-	noy	noy	ee	ee	ee	ee	ee	ee	ee	ee	ee	ee	noy	noy	noy	noy	n-
Greek Salad	noy	noy	ee	ee	noy	noy	ee	ee	ee	ee	ee	ee	noy	ee	ee	ee	ee	ee	ee	ee	ee	ee	ee	ee	ee	ee	noy	ee
1/2 Picante Chicken	ee	ee	ee	ee	ee	ee	ee	ee	noy	noy	ee	noy	noy	ee	ee	ee	ee	ee	ee	ee	ee	ee	ee	ee	ee	ee	ee	ee
Gf Brownie	ee	ee	ee	ee	ee	ee	ee	ee	noy	ee	man	noy	noy	ee	ee	ee	ee	ee	ee	ee	ee	ee	ee	ee	ee	ee	ee	ee
Salt & Chilli Squid	noy	noy	ee	ee	ee	ee	ee	man	noy	n-	n-	noy	man	ee	ee	ee	ee	ee	ee	ee	ee	ee	ee	noy	n-	n-	n-	n-
Chicken Wing 10 Platter	ee	ee	ee	ee	ee	ee	ee	n-	n-	n-	n-	noy	noy	ee	ee	ee	ee	ee	ee	ee	ee	ee	ee	noy	noy	n-	n-	n-
Chicken Wing 20 Platter	ee	ee	ee	ee	ee	ee	ee	n-	n-	n-	n-	noy	noy	ee	ee	ee	ee	ee	ee	ee	ee	ee	ee	noy	noy	n-	n-	n-
Diane Sauce	ee	ee	ee	ee	ee	ee	ee	n-	n-	n-	n-	n-	noy	ee	ee	ee	ee	ee	ee	ee	ee	ee	ee	noy	noy	n-	noy	n-
Ham & Cheddar Sandwich	noy	noy	ee	ee	ee	ee	ee	n-	noy	n-	n-	n-	noy	ee	ee	ee	ee	ee	ee	ee	ee	ee	ee	n-	noy	man	n-	n-
Peppercorn Sauce	ee	ee	ee	ee	ee	ee	ee	n-	n-	n-	n-	n-	noy	ee	ee	ee	ee	ee	ee	ee	ee	ee	ee	ee	noy	n-	n-	n-
Pork Belly	ee	ee	ee	ee	ee	ee	ee	n-	n-	n-	n-	n-	noy	ee	ee	ee	ee	ee	ee	ee	ee	ee	ee	ee	noy	noy	n-	noy
Wexford Mushroom Starter	noy	noy	ee	ee	noy	noy	ee	n-	n-	n-	n-	noy	noy	ee	ee	ee	ee	ee	ee	ee	ee	ee	ee	noy	n-	n-	noy	n-
Baked Camembert	noy	noy	ee	ee	noy	noy	ee	ee	ee	ee	ee	ee	noy	ee	ee	ee	ee	ee	ee	ee	ee	ee	ee	ee	ee	ee	ee	ee
Chef Curry	ee	ee	ee	ee	ee	ee	ee	n-	n-	n-	n-	n-	n-	ee	ee	ee	ee	ee	ee	ee	ee	ee	ee	n-	noy	n-	n-	n-
Fisherman's Board	noy	noy	ee	ee	ee	ee	ee	noy	man	noy	n-	noy	noy	ee	ee	ee	ee	ee	ee	ee	ee	ee	ee	noy	noy	man	n-	n-
Houmous & Veg	noy	noy	ee	ee	ee	ee	ee	n-	noy	noy	n-	noy	noy	ee	ee	ee	ee	ee	ee	ee	ee	ee	ee	noy	noy	noy	noy	n-
Hunter's Chicken	noy	noy	ee	ee	ee	ee	ee	n-	n-	n-	n-	noy	noy	ee	ee	ee	ee	ee	ee	ee	ee	ee	ee	n-	noy	n-	noy	n-
Med Veg Jacket	ee	ee	ee	ee	ee	ee	ee	n-	noy	n-	n-	noy	noy	ee	ee	ee	ee	ee	ee	ee	ee	ee	ee	ee	noy	noy	noy	n-
Nachos Grande	noy	noy	ee	ee	ee	ee	ee	n-	n-	n-	n-	n-	noy	ee	ee	ee	ee	ee	ee	ee	ee	ee	ee	n-	noy	n-	n-	n-
Tandoori Salmon	ee	ee	ee	ee	ee	ee	ee	n-	n-	noy	n-	n-	noy	ee	ee	ee	ee	ee	ee	ee	ee	ee	ee	n-	noy	n-	n-	n-
Tuna Jacket	ee	ee	ee	ee	ee	ee	ee	n-	noy	noy	n-	n-	noy	ee	ee	ee	ee	ee	ee	ee	ee	ee	ee	noy	noy	n-	noy	n-
Whitebait	noy	noy	ee	ee	ee	ee	ee	n-	noy	noy	n-	n-	noy	ee	ee	ee	ee	ee	ee	ee	ee	ee	ee	n-	noy	n-	noy	n-
Main Sizzling Fajita Picante Chicken	noy	noy	ee	ee	ee	ee	ee	n-	n-	noy	n-	noy	noy	ee	ee	ee	ee	ee	ee	ee	ee	ee	ee	n-	noy	n-	n-	n-
Mini Brownie & Coffee	noy	noy	ee	ee	ee	ee	ee	ee	noy	ee	noy	noy	noy	ee	ee	ee	ee	ee	ee	ee	ee	ee	ee	ee	ee	ee	ee	ee
Moules Mariniere & Frites	noy	noy	ee	ee	ee	ee	ee	n-	n-	noy	n-	n-	noy	ee	ee	ee	ee	ee	ee	ee	ee	ee	ee	n-	n-	n-	noy	n-
Ploughman's Board	noy	noy	ee	ee	noy	noy	ee	ee	ee	ee	ee	ee	noy	ee	ee	ee	ee	ee	ee	ee	ee	ee	ee	noy	noy	ee	noy	ee
Waffle Fries & Cheddar Cheese	noy	noy	ee	ee	ee	ee	ee	ee	ee	ee	ee	ee	noy	ee	ee	ee	ee	ee	ee	ee	ee	ee	ee	ee	ee	ee	ee	ee
Waffle Fries Add Mozzarella & Bacon	ee	ee	ee	ee	ee	ee	ee	n-	n-	n-	n-	n-	noy	ee	ee	ee	ee	ee	ee	ee	ee	ee	ee	n-	n-	n-	n-	n-
Waffle Fries Add Pulled Beef Chilli	ee	ee	ee	ee	ee	ee	ee	n-	n-	n-	n-	n-	noy	ee	ee	ee	ee	ee	ee	ee	ee	ee	ee	n-	n-	n-	n-	n-
Waffle Fries Add Pulled Pork	ee	ee	ee	ee	ee	ee	ee	n-	n-	n-	n-	n-	n-	ee	ee	ee	ee	ee	ee	ee	ee	ee	ee	n-	n-	n-	n-	n-
Waffle Fries Add Three Bean Chilli	ee	ee	ee	ee	ee	ee	ee	n-	n-	n-	n-	n-	noy	ee	ee	ee	ee	ee	ee	ee	ee	ee	ee	n-	n-	n-	n-	n-
Waffle Fries	noy	noy	ee	ee	ee	ee	ee	ee	ee	ee	ee	ee	ee	ee	ee	ee	ee	ee	ee	ee	ee	ee	ee	ee	ee	ee	ee	ee

We hope you enjoy your visit.

Please feel free to discuss anything with the manager or write to our Customer Services Manager at:
McManus Managed Pub Group, Kingsthorpe Road Northampton NN2 6HT Tel: 01604 713 601 FH0618

www.mcmanuspub.co.uk